Friendship and Bullying

Differences Between Friendship and Bullying

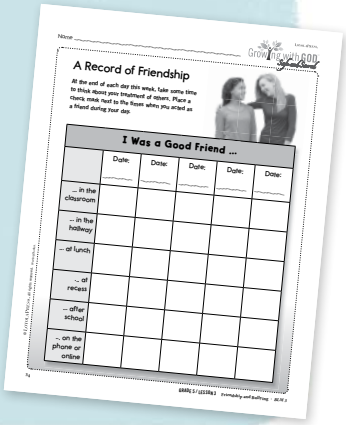
Talk about the differences between friendship and bullying behavior. Acknowledge and affirm the ways in which your child is a good friend to others. Give some examples of bullying behavior and ask your child how a friend would act instead.

How to Respond to Bullying

Tell your child that you want him or her to be a good friend to everyone but that it is also important to stay safe during encounters with people who bully others. Discuss situations that might possibly arise for your child, and talk about when you would want him or her to seek help from a trusted adult in those situations.

Jesus Is Our Guide to Being a Good Friend

Jesus treated his followers as his brothers and sisters and treated everyone with respect. Explain to your child that each person has been created by God and is equally valuable in his eyes. Point out that this is one reason why Jesus teaches us to be inclusive. Talk about how your child can be a respectful friend to all people. Discuss your child's responses to the A Record of Friendship handout as he or she fills it out over the course of a week.



Name: _____ Grade: _____

Growing with GOD Safe and Sacred

A Record of Friendship

At the end of each day this week, take some time to think about your treatment of others. Place a check mark next to the times when you acted as a friend during your day.

I Was a Good Friend ...	Date:	Date:	Date:	Date:	Date:
... in the classroom					
... in the hallway					
... at lunch					
... at recess					
... after school					
... on the phone or online					

A Strong Friendship with Jesus

Each person can have a strong friendship with Jesus. Talk about how you strengthen your friendship with Jesus. Invite your child to share his or her ideas. Then pray the Peace Prayer of Saint Francis with your child.

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Name _____

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